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For more info. on Town of Sackville
Visit us at www.sackville.com

Town of Sackville Department Numbers

Town Office _____	364-4930
Parks & Recreation Facilities _____	364-4955
Community Development, Programming & Tourism _____	364-4959
Public Works Department _____	364-4960
Visitor Information Centre _____	364-4967
RCMP (General Inquiries) _____	364-5023

Town of Sackville Emergency Numbers

RCMP (Municipal) _____	911
Fire Department _____	911
Ambulance _____	911
Sackville Memorial Hospital _____	364-4100
RCMP (Highway Patrol) _____	533-5151



Beech Hill Park
Courtesy: Graham Watt, outdoor enthusiast

Town of Sackville Dept. Of Parks and Recreation Facilities

Todd Cole 364-4954
t.cole@sackville.com

Director

Jacqueline Archibald 364-4955
j.archibald@sackville.com

Secretary/Receptionist

Sackville Waterfowl Park Advisory Committee

The Sackville Waterfowl Park Advisory Committee is an Advisory Committee of Town Council. This 16 member volunteer Committee acts in an advisory capacity to Town Council on issues pertaining to the operation, maintenance and future development plans of the Waterfowl Park. This Committee meets twice yearly (Fall and Spring) and/or as required for special projects.

For further information and/or to obtain contact information for members of this committee please contact the Parks & Recreation Facilities Department at 364-4955. Your input is always welcome.

Groomed Trails

Beech Hill Park has become a year round destination for lovers of the great outdoors. The Trakor trail groomer conditions various X-C Ski trails as well as the Park road for dog walking and skiing. It also sets tracks for Nordic skiing as well as providing a safe and very solid snow surface, important for elderly walkers *as well as novice skiers*. All trails are easily accessed from TCH exit 500 on Walker Road.

For a delightful scenic winter-escape, visit the **Sackville Waterfowl Park** which offers a groomed trail accessible from the Visitor Information Centre, Weldon Street and Main Street (near Swan Pond).

For more information on our ski trails, contact the Dept. of Parks & Recreation Facilities @ 364-4955.



Tantram Veterans Memorial Civic Centre

General Information

Sackville's premier recreational facility is operated year round. The TVMCC is an ideal location for banquets, wedding receptions, meetings, concerts and many other events. We have a full service canteen area, lounge, and meeting rooms, which can accommodate up to 200 people. Ice times are also available for rent from the end of September to April.

For more information on booking the Civic Centre, contact Parks & Recreation Facilities at 364-4955.

Make sure you keep an eye on the TVMCC website at Town of Sackville website calendar for more information on upcoming events at www.sackville.com/calendar

**TANTRAMAR VETERANS MEMORIAL CIVIC CENTRE
FEE SCHEDULE #4
EFFECTIVE JANUARY 1, 2011**

	RATE (PRE HST)	HST	TOTAL RATE
<u>ICE RENTAL</u>			
PRIME TIME After 4 pm & Weekends	\$ 123.89	\$ 16.11	\$ 140.00
NON-PRIME TIME Before 4 pm Weekdays	70.80	9.20	80.00
TOURNAMENTS Daily	1,238.94	161.06	1,400.00
NON-ICE RENTAL			
Arena Floor Daily	619.47	80.53	700.00
Hourly	44.25	5.75	50.00
LOUNGE			
Daily	88.50	11.50	100.00
½ Day	66.37	8.63	75.00
Nightly	53.10	6.90	60.00
Hourly	22.12	2.88	25.00
MEZZANINE/LOUNGE			
Daily	176.99	23.01	200.00
½ Day	66.37	8.63	80.00
Nightly	53.10	6.90	60.00
Hourly	44.25	5.75	50.00
JEAN COUTU ROOM			
Daily	66.37	8.63	75.00
½ Day	44.25	5.75	50.00
Nightly	35.40	4.60	40.00
Hourly	17.70	2.30	20.00

ENTIRE FACILITY			
Daily	884.96	115.04	1,000.00
Hourly	88.50	11.50	100.00

TABLES & CHAIRS RENTALS OUTSIDE THE BUILDING “NO DELIVERY”

Tables Per Event	17.70	2.30	20.00
Chairs Per Event	.88	.12	

*A Tournament 10 hours rental per day or more, includes entire facility

**1/2 day is from 8:00 am – 12:00 pm or 1:00 pm – 5:00 pm

***Nightly rental is from 5:00 pm – 11:00 pm all additional time is by the hour.

****When the Civic Centre is being booked for a major event, the Town of Sackville employees will have the ability to negotiate a specialized contract agreement. This is done when other revenues will exceed the rental rates provided above. In order for this change to take place it must be approved in writing and signed off by the Director of Parks & Recreation Facilities, countersigned by either the Chief Administrative Officer or Treasurer.

Sackville Minor Hockey Club



The Sackville Minor Hockey Club provides competitive and recreation level hockey for children ages 9–17 and introductory hockey and skills instruction for children ages 5 -8. The Club operates within Hockey New Brunswick and Hockey Canada regulations.

The minor hockey season runs from late September to late March each year. For more information visit www.sackvilleminorhockey.ca or email info@sackvilleminorhockey.ca

Executive 2011-2012

President - Stirling Hall president@sackvilleminorhockey.ca

Vice President - Donna Hurley vicepresident@sackvilleminorhockey.ca

Past President - Kirby Cadman pastpresident@sackvilleminorhockey.ca

Secretary - Jennifer Hebert secretary@sackvilleminorhockey.ca

Treasurer - David Bruce treasurer@sackvilleminorhockey.ca

If you are interested in registering your son or daughter in this active team sport, call Stirling Hall at 379-2761.

2011-2012 AUS Mount Allison Women's Hockey HOME GAMES

October 22	UPEI	@	MT. A.	7:00 p.m.
October 29	STU	@	MT. A.	3:00 p.m.
November 13	Dal	@	MT. A.	2:00 p.m.
November 20	U de M	@	MT. A.	2:00 p.m.
January 7	SMU	@	MT. A.	2:00 p.m.
January 8	St. FX	@	MT. A.	2:00 p.m.
January 14	UPEI	@	MT. A.	7:00 p.m.
January 28	STU	@	MT. A.	7:00 p.m.
January 29	U de M	@	MT. A.	2:00 p.m.
February 11	Dal	@	MT. A.	7:00 p.m.
February 24	St. FX	@	MT. A.	7:00 p.m.
February 25	SMU	@	MT. A.	2:00 p.m.

For more information on the team and games contact Pierre Arsenault @ 364- 2400 or visit the website at <http://athletics.mta.ca>

Tantramar Regional High School Hockey

Both TRHS Boys & Girls teams are competitive and exciting to watch. Come out and cheer on the local kids competing in the NBIAAA Hockey League.

For Titan Hockey Game Times visit <http://trhs.nbed.nb.ca>

45 and Over Morning Recreational Hockey

Hockey for a 45 and over group will be offered on Tuesday, Wednesday, and Friday at 9 am. This will be a standing time every week during the hockey season. The season will begin as soon as the rink opens in the fall. There are various payment options: either per game or lump sum payments depending on number of sessions attended per week on average. This is strictly hockey for fun and we welcome all skill levels. Contact Gerry Bartlett at 536-1195 for more information.

Faculty Hockey

Mondays & Fridays 7-8am

For any adult who is interested in playing recreational hockey, this is a great opportunity to come out and get some ice time. Contact John Higham at 536-2378 for more information.

Gents' Recreational Hockey

Season runs early October to late March. For more information contact David Hicks at 536-3612.

Sackville Skating Club

The Skating Club is open to interested boys and girls ages 3 and up. They offer a Canskate program, Junior, Intermediate, and a Senior Figure Skating program, as well as Adult learn-to-skate program. The first CanSkate session will be Saturday, October 15^h, 2010 at 10:15 am. A pre-registration date will be held at the Tantramar Veterans Memorial Civic Centre on Sept 8th & 15th or you can register on the 15th of October @ 10:00 am. Watch the Sackville Tribune Post for further details.

For more information contact:

Christine Hicks, President 364-0811

Janice Estabrooks, Secretary 536-2065

Speedskating – Codiac Club

The Codiac Speed skating Club has been operating for over 30 years with skaters from the Moncton, Shediac and Sackville areas. It is currently in its fifth season in the AJ LeBlanc Arena in Dieppe. The club offers Learn to Speedskate, Recreational Speedskating and Competitive Speedskating. Learn to Speedskate is available for half or full year registration. Skates are available for rental from the club. For more information on the club and sport the Codiac Speed skating Club website is www.codiaccyclones.com or call Rosemary Conrad at 536-3224.

Skating for the General Public

There are lots of opportunities to get on the ice and get active, even if you don't belong to a club, association or team. Come once in a while, come every week and enjoy the ice time.

Public Skating fees

Adults - \$3

Children under 12 - \$2

Families - \$8



Public Skating

Sundays - 3-4 pm (subject to change; please check the town calendar for more accurate schedule)

There will be extra public skating times also during the Christmas & March breaks.

Please be sure to check with the Tantramar Veterans Memorial Civic Centre to confirm times as they may change due to game times. Call 364-4955.

Parents, Tots & Seniors Skating

Tuesdays 11-12 & Thursdays 10:30-11:30am

Skating for parents, caregivers, tots & seniors will be available at the Tantramar Veterans Memorial Civic Centre from October-December and January-March.

To confirm times and for more information call 364-4955.

Lunchtime Skate

Monday-Thursday – noon-1:30pm & Fridays 12-1pm

Come on your lunch break and enjoy some exercise. Skating for all ages.

Town of Sackville Department of Community Development, Programming & Tourism

Rebekah Cant 364-4957
r.cant@sackville.com

Director

Janine O'Reilly 364-4956
j.o'reilly@sackville.com

Assistant Director

Angela Hastie 364-4959
a.hastie@sackville.com

Secretary

Deanna Cadman 364-4958
d.cadman@sackville.com

Program Coordinator

Sackville Sports Wall of Fame 2012

The Sackville Sports Wall of Fame Induction Ceremony will be held in June, 2012. Nominations for inductees in the categories of Builder, Team or Sponsor, and Individual Player, will be accepted during the fall/winter with a deadline for submissions of February 3, 2012.

Nomination Forms are available at www.sackville.com, Town Hall, and at the Community Development & Programming Office at 182 Main Street. For more information, please contact Community Development & Programming at 364-4959.

Youth Activities

There will be a number of new & returning programs & activities during the fall/winter season. Youth Activities will be held on School Days off and during Christmas & March Break. Flyers will be sent home in advance through the schools & day cares. Please watch the Sackville Tribune Post & Tantramar Veterans Memorial Civic Centre Signboard for further updates. For more info. call Deanna Cadman @ 364-4958.

Aquatics

Red Cross Changes their Level System

The Red Cross, a leader in Swimming and Water Safety for close to 60 years has continued to renew and refine their Learn To Swim program to meet the growing needs of Canadians.

The new program for children ages 6 years and older will replace the current AquaQuest program with a fresh approach to swimming and water safety education. It will operate under three main core areas: Swimming, Fitness Levels and Skills, & Water Safety. One of the most visible changes to the new program is the switch from a 12 level system to a more compact 10 level system.

Conversion Chart

AquaQuest

Level 1 completed or incomplete
Level 2 completed or incomplete
Level 3 completed or incomplete
Level 4 completed or incomplete
Level 5 completed or incomplete
Level 6 completed or incomplete
Level 7 completed or incomplete
Level 8 completed or incomplete
Level 9 completed or incomplete
Level 10 completed or incomplete
Level 11 completed or incomplete
Level 12 incomplete

Red Cross Swim Kids

level 1
level 1
level 2
level 3
level 4
level 5
level 6
level 7
level 8
level 9
level 10
level 10

Red Cross Swim– Choose your level:

Swim Kids is a 10 level program for grades 1 and up which focuses on safety and swimming skills for children.

Swim Preschool for children (age's 3-Kindergarten) this program focuses on introducing the children to the water so they feel comfortable.

Adult Morning & Evening Aquacise - A unique and low impact water aerobics.

To Register

- Registration forms are available in this brochure, Town Hall, Tantramar Veterans Memorial Civic Centre and can be found in the Sackville Tribune Post during Registration.
- Registration forms **must be mailed** to the Town of Sackville Community Development, Programming & Tourism Department, PO Box 6191, Sackville NB, E4L 1G6. **Registration for the January sessions will be on or after November 10.** Forms must be postmarked on or after this date.
- Cheques or money orders should be made payable to the Town of Sackville. If levels are full after the registration is received, your cheque will be returned if you do not wish to keep your child on the waiting list.
- Children participating in one session will not be eligible to register for the following session until they have completed the course in which they are currently enrolled. They will be accepted at that time, provided there is adequate space.
- Registration is on a first come, first serve basis.

Family Rate – Red Cross Swim Programs

All families registering 3 or more children in one swim session will be eligible for a 20% reduction on the total cost of the combined individual registration fees.

Cancellations

Due to storms or facility problems, cancellations will be made up if additional pool time is available. Participants will be contacted whenever possible if classes are cancelled. If school is closed due to winter storms it is not guaranteed that swimming lessons are cancelled. Please call Program Coordinator @ 364-4958 if you are uncertain.

Afterschool & Preschool Swimming Program

Registration Form

Registration Fees:

Swim Preschool (ages 3 – kindergarten) _____ \$60.00
Swim Kids (Grades 1 & up) _____ \$80.00
Aquacise (Evening classes) _____ \$100.00

Name: _____ **Birth Date:** M ____ / D ____ / Y ____

Mailing Address: _____

Phone: (h) _____ **Cell** _____ **(w)** _____

Parent's Name: _____

Do you pay residential and/or business property tax in the Town of Sackville? Yes _____ No _____

Month of Session Registering for: _____

1. **Does this child have any prior swimming experience?**
Please explain _____

2. **Swim Kids (grade 1 & up)** Tues. & Thurs 3:45-4:30 & Sat 12-12:45
Level completed _____

3. **Swim Preschool (ages 3-Kindergarten)**
Indicate time preference (10:40 – 11:10) _____ **or** (11:20 – 11:50) _____

Aquacise – Morning's (Mon, Wed & Fri) TBA
Evening's (Mon, Wed & Fri) 7-8 PM

Payment must accompany registration form (cheque or money order) made payable to the Town of Sackville in order for registration to be confirmed. If all classes are filled when you register, your payment will be returned. **Registration forms & fee must be mailed to Town of Sackville Community Development & Programming, PO Box 6191, Sackville NB, E4L 1G6 and postmarked on or after the registration date.** Please note that priority is given to those who pay residential or business property taxes in the Town of Sackville on a first come first serve basis. Individuals living outside town limits will be accepted if space permits.

Swim Preschool, Ages 3 – Kindergarten



Times: Saturdays 10:40-11:10 am & 11:20-11:50 am

Fall Session, September – November

Dates: September 24
October 1, 15, 22, 29
November 5, 19, 26

No Swimming Oct 8 and November 12

Winter Session, January – March

Dates: January 14, 21, 28
February 4, 11
March 3, 10, 17

No swimming Feb 18 & 25 due to MTA Study Break

Swim Kids, After School Program, Grade 1 & Up

**Times: Tuesdays & Thursdays 3:45-4:30 pm
And Saturdays 12:00-12:45 pm**

Fall Session 1 September – October

Dates: September 22, 24, 27, 29
October 1, 4, 6, 11, 13, 15, 18, 20
No Swimming Oct 8

Fall Session II October – November

Dates: October 27, 29
November 1, 3, 5, 8, 10, 15, 17, 19, 22, 24
No Swimming November 12

Winter Session I, January- February

Dates: January 12, 14, 17, 19, 21, 24, 26, 28, 31
February 2, 4, 7

Winter Session II, February - March

Dates: February 28
March 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24



Aquacise

Times: Mondays, Wednesday, Fridays 7-8 pm

Fall Session Evenings, September – December

Dates: September 19, 21, 23
October 3, 5, 7, 12, 14, 17, 19, 21, 24, 26, 28
November 2, 4, 7, 9, 14, 16, 18, 21, 23, 25
December 5, 7, 9, 12

No classes Oct 10 , Oct 31 and Nov. 11

Winter Session Evenings, January- March

Dates: January 9, 11, 13, 16, 18, 20, 23, 25, 27, 30
February 1, 3, 6, 8, 10, 13, 15, 17, 20, 22, 24, 27, 29
March 2, 5, 7, 9, 12

Spring Sessions

Please watch the Sackville Tribune Post or contact the Department of Community Development & Programming, Program Coordinator @ 364-4958 for more information on a spring session.

Children & Youth Programs

Fall Dance Session with Instructor Evelyne Germain professional dancer/actor /certified teacher

@ St. Paul's Anglican Church (125 Main Street, Pink Church)
September – December (12 weeks)

Creative Movement – pre-school with their Mom. Moms dance too!
9:30-10:20, \$85

Creative Movement - Kindergarten/Grade 1, 10:30-11:20, \$85

Creative Dance with Technique for Grades 1, 2 & 3, 4:30-5:30, \$96

Dance Technique for ages 8-12, 5:30-6:30, \$96

Beginner Dance for Adults, 6:40-7:40, \$96

Classes are a blend of modern dance and jazz dance. In all classes we work on flexibility, balance, coordination, posture, agility, structured improvisation and musicality. No need to buy special clothes or equipment. 10% discount for second child from same family. Trial class available for \$10.

To register or for more information contact Evelyne Germain,
germainevelyne@hotmail.com or 536-4879.



Highland Dancing

The Sackville Highland Dancing Club will be starting in September. Classes will take place at 9am on Saturday mornings. For more information please contact Michelle Dobbin at 536-0821.

Girl Guides of Canada

Come join in the fun with the Sackville Guiding movement. Girls from the ages of 5-18 are invited to join.

Sparks (5-6)
Brownies (7-8)
Rangers (15-18)

Guides (9-12)
Pathfinders (12-15)

Registration will be held at the Anglican Church Hall on Thursday, September 8 from 7-8:30 pm. Late registrations are always welcome. For more information contact Audrey Hicks at 536-1064.



Windsor Gymnastics

Windsor Gymnastics offers classes for children as young as 3 years old up to 13. We provide a small coach to gymnast ratio running the CANGYM program and are registered with the New Brunswick Gymnastics Association. Classes are on Tuesday and Thursday nights at Live Bait Theatre with 1 and 2 hour classes available. For more information contact Lucia Neander at 506-229-6444 or windsorgymnasticsnb@gmail.com

Sackville Swim Club

Individuals 5 years and up who are interested in swimming are welcome to join the Sackville Swim Club. Programs include learn to swim levels; competitive swimming as well as master's level coaching.

Call President, Wayne Anderson 536-9814 or Coach, John Peters 364-8817 or 364-2403 for further information.

Sackville Curling Club

Little Rocks For ages 6–11. The game of curling is introduced at a young age with smaller curling rocks and special safety precautions.

Membership fee \$40.

Contact Nancy Tower 939-2284

Juniors Introduction, instruction and curling time is offered for ages 12-19.

All skill levels are welcome Membership fee \$40.

Contact Kathleen Trites 536-1432

Registration Nights are Thursday, October 13 and Monday, October 17 from 6:30-9:00pm.

Bob Edgett's Boys Boxing Club

The Bob Edgett's Boys Boxing Club for boys and girls has been in existence for well over 50 years. They have traveled and competed in various parts of the United States, Australia, Africa, Europe and Canada, and hold numerous titles. The club also hosts many fundraising events for the disabled, fire victims and others.

To become a member of the BEBC you must be willing to dedicate your time to the skill of the sport with strict rules being enforced. The club meets every Monday, Wednesday and Friday evening from 7-9pm. All are welcome and there is no cost for the meetings.

The boxing club receives most of its funding through the collection of cans and bottles so please give generously. For more information, please call Mark Adams @ 334-2210.

Sackville Tae Kwan Do

Sackville Tae Kwan Do Classes are set to start on October 6 and will be held every Tuesday & Thursday from 6:30 –8:00 pm at the Salem Elementary School. **For more information contact Bill Crossman at 364-1887.**



1st Tantramar Scouts

Boys and Girls Welcome!

It might be a short hike at a weekly meeting, a canoeing weekend along a river or a week-long camp in the woods. Scouting has always emphasized fun and adventure in the outdoors.

Beavers (5-7)
Cubs (8-10)
Scouts (11-14)

Ventures (14-17)
Rovers (18-26)



Cost varies and bursaries are available for those seeking financial assistance.

For more info call Malcolm Phinney at 364-0808, 536-4117 or visit www.scouts.ca

Sackville Basketball Association

The Basketball Association has basketball available for children and youth grades 1 to 8. For all groups there is a mixture of learning the fundamentals and games that keep children interested and create a fun and exciting atmosphere.

Registration is September 21 and 22 at the Civic Centre or forms are available by email. Play gets underway after Thanksgiving. For more information contact Jennifer Whittemore @ 364-0978 or sackvillebasketball@gmail.com .

Tantramar Family Resource Centre

Family's Day Out- Funded by a grant from the United Way of Greater Moncton and Southeast NB. Family's Day Out is a series of free events for families of all kinds that focus on family literacy skills. For more information call 939-8372, email tfrc@eastlink.ca or visit TantramarFamilyResourceCentre.wordpress.com.

Parental Classes - Tantramar Family Resource Centre and VON Canada, Healthy Baby & Me are offering free prenatal classes in the fall. To register for the 6-8 week program (one night a week), Call the TFRC at 939-8372 or email tfrc@eastlink.ca

Contact person is Stacey Merrigan, Office Coordinator, TFRC 9A Willow Lane, Sackville, NB (506) 939-8372 or www.tantramarfamily.ca

Sackville Youth Marksmanship Team

This is a program designed for boys and girls ages 18 and under. It involves the teaching of safe firearm handling and competitive/non-competitive marksmanship training. This training leads youth towards Canada Winter Games and Olympics if so desired. Youth with wheelchair disabilities are encouraged to participate as our program is mentored by a Para Olympic / Olympic Coach for wheelchair marksmanship.

For further information contact Darlene Turner @ 536-0197 .

RCACS 681 Tantramar

The Air Cadets meet every Tuesday night from 6 pm to 9 pm, beginning in September each year. Anyone – female and male – may join at age 12. There is no charge for the uniform or any of the routine activities.

Costs are covered by DND the Air cadet League of Canada, and local sponsors, including the Royal Canadian Legion Branch 26 and the Sackville Lions Club. **(Activities & contact info. cont'd on pg. 20)**

Activities Available:

Opportunities and training in aviation [piloting], leadership, music/band, athletics and fitness, marksmanship, biathlon, outdoor survival, first aid, and courses at special summer training centres. Make new friends near home and from other provinces, travel may include military bases, places of interest, and other provinces.

For more information contact Lt (N) André Chevarie at 364-7670 or Captain Christine Cutten-Chassé at 384-8522.

Adult Programs

Ball Hockey

People interested in playing ball hockey can play at the Middle Sackville Baptist Church on Wednesday nights from 8-10pm. For more info contact Patti Bryden at 536-2615.



Adult Badminton

Adults interested in playing badminton can play at the Middle Sackville Baptist Church on Monday nights from 7:30-9:30 pm. For more information call Patti Bryden at 536-2615.

Pro-Active Aerobics

Low impact aerobics for men and women, with certified instructors will be offered on Sunday, Tuesday and Thursday evenings at 7pm at the Sackville Curling Club. For more info contact Sheila Parker at 536-1867 after 5pm.

Sackville Snow Drifters

With over 200 members, the Sackville Snow Drifters hopes to continue growing and attracting new members.

This winter there will be over 120km of groomed trail, linking with Memramcook and Shediac trails. The trails are groomed 12 feet wide and are signed & bridged. Fundraising events are also being held during the season to offset maintenance costs. All snowmobile enthusiasts are welcome to join. For more info. contact Stephen Pauley at 379-4055.

Sackville Curling Club

Curling is available to enthusiasts of all ages. Instruction is offered to new curlers. Equipment required is minimal. Curling starts in November. An introductory Membership Fee rate of \$99 + HST applies for new members or those who have not been active curlers for more than 5 years and would like to return. New members may participate for the month of November on a trial basis “on us”.



Registration Nights are Thursday, October 13 and Monday, October 17 from 6:30-9:00pm. Curling starts in November.

THE LEAGUES

Morning Men - Monday and Thursday mornings.

Social curling without league Commitments. Teams are made up each day from members present.

Morning Ladies - Tuesday and Friday mornings. In-Club league curling.

Evening Men - Monday nights. In-Club league curling.

Evening Ladies - Tuesday nights. In-Club league curling.

Mixed Curling – Thursday and/or Friday nights. In-Club league curling for Men and Ladies couples or singles. Early and late league times are available. Curlers may register for one or both nights.

Border League - Wednesday nights. Friendly competition league curling with Amherst Curling Club. Curling will take place at either Club. Choose your own team - men/ladies/mixed.

President

Rob Ireland 536-1038

Secretary

Sharon MacIntyre 536-1832

Tantramar Outdoor Club

A newly formed organization in Sackville whose mandate is to promote self propelled outdoor activities such as cross-country skiing, cycling, running, swimming, canoeing and hiking throughout the Tantramar Region. For more information on how to join and participate contact Peter Manchester at 536-0946 or email peterman@nbnet.nb.ca.

Tantramar Twirlers Square Dance Club

Square dancing is a great workout for the body and the mind in an atmosphere of music and friendliness. We dance each Tuesday night (8.00 - 10:00) from September to May at the Mount Whatley Hall, Aulac. Visit us on our free Open House evenings of September 27 or Oct 4. For more info. call Judy and John Carlisle at 536-1710.

Royal Canadian Legion Branch 26

Listed below are events throughout the year: Call 364 9900 for more information.

Bingo every Tuesday night at 6:45pm. Doors open at 6:00 pm. No person under 16 years of age.

Legion General Meetings are on the second Thursday of the month at 7:00 pm. The meetings are held on the street level floor. This meeting is for members only.

Luncheons held 3rd Friday of the month at 11:30 to 1:00pm.

Hee Haw Karaoke starting Sept. 17th will be held every other week on Saturday nights 9:30 pm to 1:00 am.

Seniors Programs

50+ Aerobics

Exercise to music at your own speed with low-impact aerobics. The 50+ Aerobics program is designed for active individuals who wish regular exercise of lower intensity than offered by standard aerobics classes.

Classes are held on Monday, Wednesday, and Friday mornings from 9:00-10am at the Tantramar Veterans Memorial Civic Centre. Start date: Monday, September 12. Pre-register by calling Town of Sackville Community Development Programming & Tourism Department, Program Coordinator at 364-4958.

Seniors Bowling

Bowling is held on Wednesday and Thursday afternoons at the Sackville Bowling Centre. For more information contact 536-2530.

Seniors Card Parties

Held every Friday evening starting on September 9 in the Sackville Senior Citizens' Clubroom at the Sackville Legion, beginning at 7:00pm. Lunch and prizes will be available. Everyone welcome regardless of age.

Seniors Club

Sackville has a very active group of senior citizens who are 50 years of age and over. Anyone in this age group who may be interested in joining the club may contact Marilyn Richards (club president) at 536-0968 for membership inquiries. Regular meetings are held in the Sackville Senior Citizens' Clubroom at the Sackville Legion at 2pm on the 1st Tuesday of each month.

Sackville Curling Club

Seniors actively participate in all leagues at the Sackville Curling Club. Many older curlers who have encountered leg or back problems are able to continue curling by using an extender to deliver the curling rocks.

Registration Nights are Thursday, October 13 and Monday, October 17 from 6:30-9:00pm. Curling starts in November.

The VON Community Board and volunteers have a daily walking club at the Sackville Memorial Hospital.

Walking hours are Monday – Friday as follows:

6 am – 7:30 am

10 am – 1 pm

4 pm – 8 pm

A volunteer is onsite in the hospital atrium to help record laps from Monday – Friday 10 -11 am.

For more info. call 536-0750

Recreation Opportunities for People with Disabilities

Social and recreational activities are available to persons with all kinds of disabilities. Programs are based on the needs and interests of the individual. The goal of these services is community integration, engagement and involvement. In most cases, an individual with a disability will be integrated in existing programs in the Town of Sackville. Where appropriate, a volunteer will be recruited and trained to support the person who wishes to participate in activities.

Opportunities such as a bowling club, swimming, darts, crafts and games tailored to people with social, intellectual, cognitive and/or physical disabilities may be offered and advertised in the local newspaper and will be run if there is sufficient registration. Self-help, peer support, common interest and other groups may be established on a demand basis.

Volunteers are needed and welcome. Training and support will be provided. For more information, assessment and registration call Melody at 536-7475 (Cell – No messages please) or www.daybreakcentre.ca

AMIGOS

Amigos is a non-profit organization dedicated to enhancing our communities through one-to-one friendships between individuals with intellectual disabilities and students. There is a Best Buddies program operated as a student club at Mount Allison University. 2011/2012 Contact: Eric Fraser amigos@mta.ca
For information about the national organization see: <http://www.bestbuddies.ca/>

Tantramar Peer Support Centre

The Tantramar Peer Support Centre offers self-help groups, short courses, and other group-based supports to anyone living in the Tantramar region who is interested in self-improvement, self-awareness or personal growth through group work. Groups will be run by trained facilitators. Tantramar Peer Support keeps a list of existing self-help and other groups and can put people in touch with existing services. Tantramar Peer Support has a directory of services to support mental health in Tantramar. Volunteer facilitators are needed and welcome. Training and support will be provided. For more information call Melody at 536-7475 or email daybreak.centre@yahoo.ca or www.daybreakcentre.ca

Daybreak Activity Centre

Daybreak is a leading-edge peer support and activity centre, which empowers mental health, services consumers/survivors to build full lives in Tantramar communities. Daybreak offers a monthly calendar of diverse social, recreational, cultural and educational activities, which enable members, through group endeavor and participation, to become more self-sufficient, develop individual interests, and discover personal strengths and talents. Daybreak works to facilitate each member's personal journey of recovery by developing hope, a secure base and sense of self, supportive relationships, empowerment, social inclusion, coping skills and meaning in an atmosphere of safety and respect.

Membership is open to anyone in the Tantramar Region who has a mental illness and/or who self-identifies as a consumer/survivor of mental health services. Members will complete an intake assessment process to ensure individual needs are met within the program. CONTACT INFORMATION: (cont'd on page 26)

Daybreak Activity Centre Contact:

Melody Petlock
Executive Director
Daybreak Activity Centre
92 Queen's Road
Box 6423
Sackville NB E4L 1G9
Cell Phone: 536-7475 (no messages please)
Phone: 536-4879 (messages are welcome)
Email: Daybreak.centre@yahoo.ca

Tantramar Hospice Palliative Care Organization Inc

Tantramar Hospice Palliative Care Organization Inc. www.thpco.ca and on Face book at thpco.

A registered charitable organization, THPCO includes community members and service providers of services which provide support and care to individuals and their families needing hospice palliative care when facing a life threatening illness.

THPCO also provides support and education to those providing services (health care workers and palliative care volunteers). Our volunteers also provide bereavement support through a peer support [group](#). The next peer support group starts Sept. 28. Visit the website to learn of the services in Tantramar, drop by the Extra Mural office to borrow educational materials or contact Lesley Read at [536-0824](tel:536-0824), Audrey Hicks at [536-1064](tel:536-1064) to register for the next [peer support group](#).

Meals and More!

Has been delivering meals since 1996. Choose from a wide variety of main meals, soups, or desserts. Contact our Dietician, Susan Kastuk-Ridlington, to discuss your dietary needs to obtain a menu.

Susan Kastuk-Ridlington, RD, CFE

Tel: 506-536-8102

E-mail: meals@nbnet.nb.ca

"Quality Nutrition Delivered to Your Door"

Other Winter Leisure Activities

Winter Sports

Cross Country Skiing

Groomed X-C Ski trails exist in Beech Hill Park and on the Crooked Tree Trail across from the Reservoir Gate on the west side of Walker Road Exit 500. As well, there are the challenging un-groomed Twisted Creek trails, which extend westward from the Crooked Tree Trail.

The Tantramar Outdoor Club www.tantramaroutdoorclub.com is a group of ski enthusiasts. Maps are available online. You can also email Peter Manchester, President peterman@nbnet.nb.ca or Ross Thomas, VP grothomas@gmail.com for more info.

Creating Rags To Rugs

Interested in Traditional Rug Hooking? We would be happy to have you join us. Meetings are held Thursdays from 10:00am-2:00pm at the Main Street Baptist Church in the parlour. Learn to recycle your old wool clothing. The first meeting will be held Thursday, September 10th.

Anyone interested in learning, give us a call or just drop by. Please contact Mary Fillmore at 538-9961 or 536-2594 for more information.

Sackville Art Association

The Sackville Art Association (S.A.A.) welcomes artists of ALL mediums! Single membership is only \$15 annually. Family membership is \$20 annually. We promote and support the visual arts and artists by providing educational & exposure opportunities through our workshops, weekly painting group & annual exhibit at the Owens Art Gallery at Mt. Allison University. We also award two annual SAA awards of \$500 each to a graduating student of Tantramar Regional High School and Amherst Regional High School. The painting group with instructors meets every Thursday from 1:30-3:30 at the Sackville Legion. For more information please contact Margaret Myles at (902) 667-8790.

Sackville Film Society

The Sackville Film Society meets Thursday evenings at 7:30 p.m. at the Vogue Cinema throughout the fall and winter. All are welcome. First film will be held on September 10th. Admission fee is \$6.00 for members and \$8.00 for non-members. Memberships are \$8.00. For further information and a schedule of this season's films, please contact Thaddeus Holownia at holownia@mta.ca.

Tantramar Thrummers

The Tantramar Thrummers are a group of people interested in traditional rug hooking. We will be happy to share our knowledge to get you hooking. For more information, please call Eileen Estabrooks at 536-2060 or Betty Snowdon at 536-2993.

Sackville's Who's Who

Sport & Leisure Clubs

Adult Badminton	Patti Bryden	536-2615
681 Squadron Tantramar Air Cadets	Andre Chevarie	364-7670
	Chris Cutter-Chasse	384-8522
Bird Studies Canada	Becky Stewart	364-5047
Bowling	Sackville Bowling Centre	536-2530
Boxing Club	Mark Adams	334-2210
Boy Scouts of Canada	Malcolm Phinney	364-0808
		536-4117
Chignecto 4H Club	Charlotte Oulton	536-0434
Chignecto Naturalists	Andrew MacFarlane	364-5033
		536-4922
Craft Gallery	Marilyn Cook	536-4163
Creating Rags To Rugs	Mary Fillmore	536-2594
Cross Country Skiing	Ross Thomas	536-2908
	Peter Manchester	536-0946
Faculty Hockey	John Higham	536-2378
Fog Forest Gallery	Janet Crawford	536-9000

Gents Recreational Hockey	David Hicks	536-3612
Girl Guides Canada	Audrey Hicks	536-1064
Highland Dancing	Michelle Dobbins	536-0821
ITC International	Lisa Emery	902-667-1424
	Sheila Parker	536-1867
Live Bait Theatre	Karen Valanne	536-2248
Men's Rec. Hockey (45 & over)	Gerry Bartlett	536-1195
Minor Football	Ian McIntyre	536-8806
Minor Hockey Club	Stirling Hall (President)	379-2761
Mt. Allison University	Athletics Office	364-2401
	Gymnasium	364-2408
	Pool	364-2403
Owens Art Gallery	Gemey Kelly	364-2574
Proactive Aerobics	Sheila Parker	536-1867
Rod & Gun Club	Craig Smith	536-9823
Royal Canadian Legion	Colin Penley (President)	364-9900
		536-0965 or
		540-1491
Sackville Art Association	Margaret Myles	902-667-8790
Sackville Athletic Association	Peter Manchester	536-0946
Sackville Basketball Assoc.	Jennifer Whittemore	364--0978
Sackville Curling Club	Rob Ireland	536-1038
	Sharon MacIntyre (Secretary)	536-1832
Sackville Film Society	Thaddeus Holowania	364-2517
Sackville Lions Club	Donna Hicks	536-3014
	Fred Melanson (Hall Rentals)	939-2124
Sackville Public Library	Allan Alward	364-4915
Sackville Skating Club	Christine Hicks (President)	364-0811
	Janice Estabrooks	536-2065
Sackville Snow Drifters	Stephen Pauley	379-4055
Sackville Swim Club	Wayne Anderson (President)	536-9814
	John Peters (Head Coach)	364-8817
Sackville Visitor Centre	visitor@sackville.com	364-4957
Sackville Youth Marksmanship	Darlene Turner	536-0197
Struts Gallery	John Murchie	536-1211
Tae Kwon Do	Bill Crossman	364-1887
Tantramar CB Radio Club	Nelson Estabrooks	536-2629
Tantramar Marsh Hawks	Dorothy Zoellner	939-2310
Lacrosse Association	lacrossesackville@gmail.com	
Tantramar Outdoor Club	Peter Manchester	536-0946
Tantramar Thummers	Eileen Estabrooks	536-2060
	Betty Snowdon	536-2993
Tantramar Twirlers	Judy Carlise	536-1910
Youth Groups	Robin Burley	536-2615

Seniors

Club President	Marilyn Richards	536-0968
Old Time & Modern Dance	Delanor Wheaton	536-0731
Seniors Bowling	Sackville Bowling Centre	536-2530
Tantramar Seniors College	Heather Patterson	364-2780

Community Groups

Canadian Red Cross	Heather Longpre Marianne Lagace	364-8813
Christmas Cheer	Sandra Cant	536-0452
Community Forests International	Jeff Schnurr	536-3738
Community Tree Nursery	Estelle Drisdelle	536-3738
Family Resource Centre	Indu Varma Stacey Merrigan	536-1636 939-8372
Fire Dept. Auxiliary	Wendy Rose	536-3514
Food Bank	Susan Bour Joan Cant	536-3054 536-2350
Hospital Auxiliary	Sylvia Harris (Pres.) Marie Green	536-0820 536-0199
Lord Chapter Sackville IODE	Vivian Hicks	536-0456
Laubach Literacy	Cynthia Adams	536-0245
Play School Inc.	Allison Butcher Classroom	536-2496 536-1837
Renaissance Sackville	Stacey Merrigan renaissance@sackville.com	364-4950
Sackville Rotary Club	Gail Key	364-8918
Tantramar Adult Learning	Cynthia Adams	536-0245
Tantramar Heritage Trust	Ron Kelly-Spurles	536-2541
Tantramar Historical Society	Ron Kelly-Spurles	536-2541
Tantramar Hospice Palliative Care V.O.N.	Lesley Read Christine LeBlanc	536-0824 536-0750 or 857-9115
Westmorland Historical Society	Judy Morison	379-6682