

Aquatics

# Aquatics

## Red Cross Swim– Choose your level:

Swim Kids A 10 level program for grades 1 and up which focuses on safety and swimming skills for children.

Swim Preschool For children (ages 3-Kindergarten) this program focuses on introducing the children to the water so they feel comfortable.

Adult Morning & Evening Aquacise A unique and low impact water aerobics.

Contact the Parks & Rec Department for more info.

## Red Cross Changes their Level System

The Red Cross, a leader in Swimming and Water Safety for close to 60 years has continued to renew and refine their Learn To Swim program to meet the growing needs of Canadians.

The new program for children ages 6 years and older will replace the current AquaQuest program with a fresh approach to swimming and water safety education. It will operate under three main core areas: Swimming, Fitness Levels and Skills & Water Safety. One of the most visible changes to the new program is the switch from a 12 level system to a more compact 10 level system.

## Conversion Chart

### AquaQuest

### Red Cross Swim Kids

Level 1 completed or incomplete	level 1
Level 2 completed or incomplete	level 1
Level 3 completed or incomplete	level 2
Level 4 completed or incomplete	level 3
Level 5 completed or incomplete	level 4
Level 6 completed or incomplete	level 5
Level 7 completed or incomplete	level 6
Level 8 completed or incomplete	level 7
Level 9 completed or incomplete	level 8
Level 10 completed or incomplete	level 9
Level 11 completed or incomplete	level 10
Level 12 incomplete	level 10

## To Register

- Registration forms are available in this brochure, at the Sackville Town Office, the Parks & Recreation Department and can be found in the Sackville Tribune Post during Registration.
- Registration forms for the **FIRST SESSION ONLY must be mailed** to the Sackville Parks & Recreation Department, PO Box 6191, Sackville NB, E4L 1G6.
- Registration will be accepted for the **fall sessions on or after September 10, and for the winter sessions on or after December 7**. Forms must be postmarked on or after these dates.
- Cheques or money orders should be made payable to the Town of Sackville. If levels are full after the registration is received, your cheque will be returned if you do not wish to keep your child on the waiting list.
- Children participating in one session will not be eligible to register for the following session until they have completed the course in which they are currently enrolled. They will be accepted at the time, provided there is adequate space.
- Registration is on a first come, first serve basis.

### Family Rate – Youth Aquatic Program

All families registering 3 or more children in one swim session will be eligible for a 20% reduction on the total cost of the combined individual registration fees.

### Cancellations

Due to storms or facility problems, cancellations will be made up if additional pool time is available. Participants will be contacted whenever possible if classes are cancelled. If school is closed due to winter storms it is not guaranteed that swimming lessons are cancelled. Please call the department if you are uncertain.

# Red Cross Swim Programs - Registration Form

## Registration Fees

Swim Preschool (ages 3 – kindergarten) Start date Oct 3 \_\_\_\_\_ \$ 55.00  
Swim Kids (Grades 1 & up) Start date Sept. 22 \_\_\_\_\_ \$ 70.00  
Aquacise (morning or evening classes) Start date Sept. 21 \_\_\_\_\_ \$100.00

Name: \_\_\_\_\_ Birth Date: M /D /Y \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: (h) \_\_\_\_\_ (w) \_\_\_\_\_

Parent's Name: \_\_\_\_\_

Do you pay residential and/or business property tax in the Town of Sackville?  
Yes \_\_\_\_\_ No \_\_\_\_\_

Month of Session Registering for: \_\_\_\_\_

1. Does this child have any prior swimming experience?

Please explain \_\_\_\_\_

2. **Swim Kids (grade 1 & up)** Tues, Thurs 3:45 – 4:30 & Sat 12 – 12:45 pm

Level completed \_\_\_\_\_

3. **Swim Preschool (ages 3-Kindergarten)** Children must be 3 years old at the start of the Pre-school program

Indicate time preference- Sat (10-10:30, 10:40 –11:10 or 11:20 –11:50 am)

4. **Aquacise – Mornings (Mon, Wed & Fri 9:30 – 10:30 am)**
5. **Aquacise Evenings (Mon, Wed & Fri 7:00 – 8:00 pm)**

Payment must accompany registration form (cheque or money order) made payable to the Town of Sackville in order for registration to be confirmed. If all classes are filled when you register, your payment will be returned. Registration forms & fee must be mailed to Parks & Recreation Department, PO Box 6191, Sackville NB, E4L 1G6 and postmarked on or after the registration date. Please note that priority is given to those who pay residential or business property taxes in the Town of Sackville on a first come first serve basis. Individuals living outside town limits will be accepted if space.

# Swim Preschool, Ages 3 – Kindergarten

## Fall Session, October – November

Dates:

Saturdays      October 3,17,24,31  
November 7,14,21,28  
No Swimming Sat, Oct 10 due to Thanksgiving

Times (please choose your time):

Group 1 – 10:00-10:30 am  
Group 2 – 10:40-11:10 am  
Group 3 – 11:20-11:50 am

Fees: \$55



## Winter Session, January – March

Dates:

Saturdays      January 9,16,23,30  
February 6, 13  
March 6,13  
No swimming Feb 20&27 due to MTA Spring Break

Times (please choose your time):

Group 1 – 10:00-10:30 am  
Group 2 – 10:40-11:10 am  
Group 3 – 11:20-11:50 am

Fee: \$55



# Swim Kids, After School Program, Grade I & Up

## Session 1, September – October

Times:

Tuesdays & Thursdays – 3:45-4:30pm

Saturdays – 12 – 12:45

Dates:

September 22,24,26,29

October 1,3,6,8,13,15,17,20

No Swimming Sat, Oct 10 due to Thanksgiving

Fee: \$70

## Session 2, October -November

Times:

Tuesdays & Thursdays – 3:45-4:30pm

Saturdays – 12:00 – 12:45 pm

Dates:

October 27,29,31

November 3,5,7,10,12,14,17,19,21

Fee: \$70

## Session 3, January-February

Times:

Tuesdays & Thursdays – 3:45-4:30pm

Saturdays – 12:00 – 12:45 pm

Dates:

January 12,14,16,19,21,23,26,28,30

February 2,4,6

Fee: \$70

## Session 4, March

**Times:**

Tuesdays & Thursdays – 3:45-4:30pm  
Saturdays – 12:00 – 12:45 pm

**Dates:**

March 2,4,6,9,11,13,16,18,20,23,25,27

**Fee:** \$70

## Aquacise

### Fall Session, Mornings September – November

**Times:** Mondays, Wednesdays, Fridays 9:30-10:30am

**Dates:**

September 21,23,25,28, 30  
October 2, 5,7,9,14,16,19,21,23,26,28,30  
November 2,4,6,9,13,16,18,20,23,25,27

**Fee:** \$100.00

### Fall Session, Evening September – November

**Times:** Mondays, Wednesdays, Fridays 7-8pm

**Dates:**

September 21,23,25,28, 30  
October 2, 5,7,9,14,16,19,21,23,26,28,30  
November 2,4,6,9,13,16,18,20,23,25,27

**Fee:** \$100.00

# Aquacise - continued

## Winter Session Mornings, January-March

Times: Mondays, Wednesdays, Fridays 9:30 – 10:30 am

Dates:

January 11,13,15,18,20,22,25,27,29

February 1,3,5,8,10,12,15,17 (no classes 19,22,24&26)

March 1,3,5,8,10,12,15,17,19,22,24

Fee: \$100

## Winter Session Evenings, January-March

Times: Mondays, Wednesdays, Fridays 7-8pm

Dates:

January 11,13,15,18,20,22,25,27,29

February 1,3,5,8,10,12,15,17 19,22,24,26

March 8,10,12,15,17,19,22 (no classes 1,3,5)

Fee: \$100.00

## Spring Sessions

Please watch the Sackville tribune post or contact the Parks & Recreation Department for more information on a spring session.

## Sackville Swim Club

Individuals 5 years and up who are interested in swimming are welcome to join the Sackville Swim Club. Programs include learn to swim levels; competitive swimming as well as master's level coaching.

Call President, Wayne Anderson 536-9814 or Coach, John Peters 364-8817 or 364-2403 for further information.